

Functional Foods Webinar



Join Marathon Health for a **FREE** webinar to learn more about incorporating functional foods into your diet.

- September 18, 2023, 12 pm EST
- Presented by Heidi Meyer, MS, NBH-WC, Health Coach
- Available to members with access to the Marathon Health Networks in Columbus and Cincinnati.
- Register in the Marathon Health portal and click “Webinar Library” to access the link to register for the event.

Marathon Health Network

You have access to health centers in the Marathon Health Network. The health centers are open Monday through Friday with extended and weekend hours at select locations. Visit the Marathon Health portal for more information.



REGISTER FOR WEBINAR

Visit the Marathon Health Portal and click “Webinar Library” to register.
my.marathon-health.com

