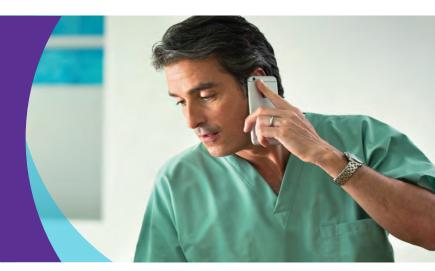
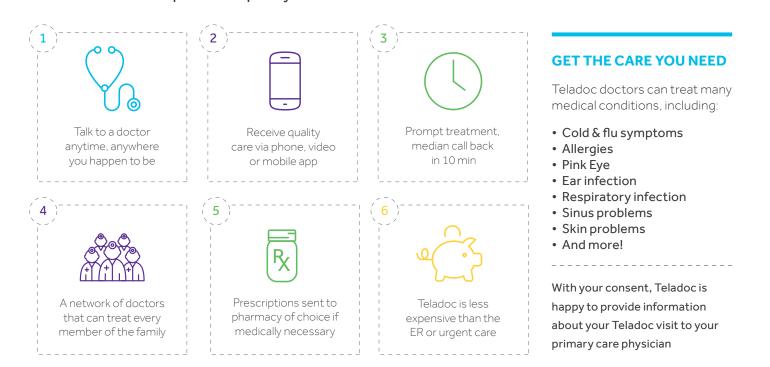


# So many reasons to use Teladoc®



**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits.** It's an affordable option for quality medical care.



## Talk to a doctor anytime







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Brought to you by: Teladoc

# Getting started with Teladoc<sup>®</sup>



Teladoc's U.S. board-certified doctors are available 24/7/365 to resolve many of your medical issues through phone or video consults. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.

## SET UP YOUR ACCOUNT

It's quick and easy online. Visit the Teladoc website at Teladoc.com, click "Set up account" and provide the required information. You can also call Teladoc for assistance over the phone.

## **REQUEST A CONSULT**

Once your account is set up, request a consult anytime you need care.

## PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

Online: Log into Teladoc.com and click "My Medical History".

**Mobile app:** Log into your account and complete the "My Health Record" section. Visit **Teladoc.com/mobile** to download the app.

**Call Teladoc:** Teladoc can help you complete your medical history over the phone.

## Talk to a doctor anytime for Free

📃 Teladoc.com





Teladoc.com/mobile



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## Quality health care when and where you need it



Teladoc<sup>®</sup> gives you access to a national network of U.S. board-certified doctors who are available 24/7/365 to treat many of your medical issues. Feeling under the weather? **Teladoc is just a click or call away!** 

## WHEN CAN I USE TELADOC?

Teladoc does not replace your primary care physician. It is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care center for a nonemergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills

## **GET THE CARE YOU NEED**

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Sinus problems
- Bronchitis
- Urinary tract infection
- Respiratory infection
- Sinus problems
- And more!

## **HEAR MEMBER STORIES**

"I was at work not feeling well but didn't want to leave work. So I decided to call Teladoc. It was a wonderful experience! The doctor called me back within 30 minutes. I spoke with him for about 15 minutes and he wrote me a prescription that I was able to pick up on my way home from work at my local pharmacy! It was very convenient. Teladoc saved me money and I didn't have to miss time from work." - **Ann** 

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

# Talk to a doctor anytime

**Teladoc.com** 



🔄 1-800-835-2362



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