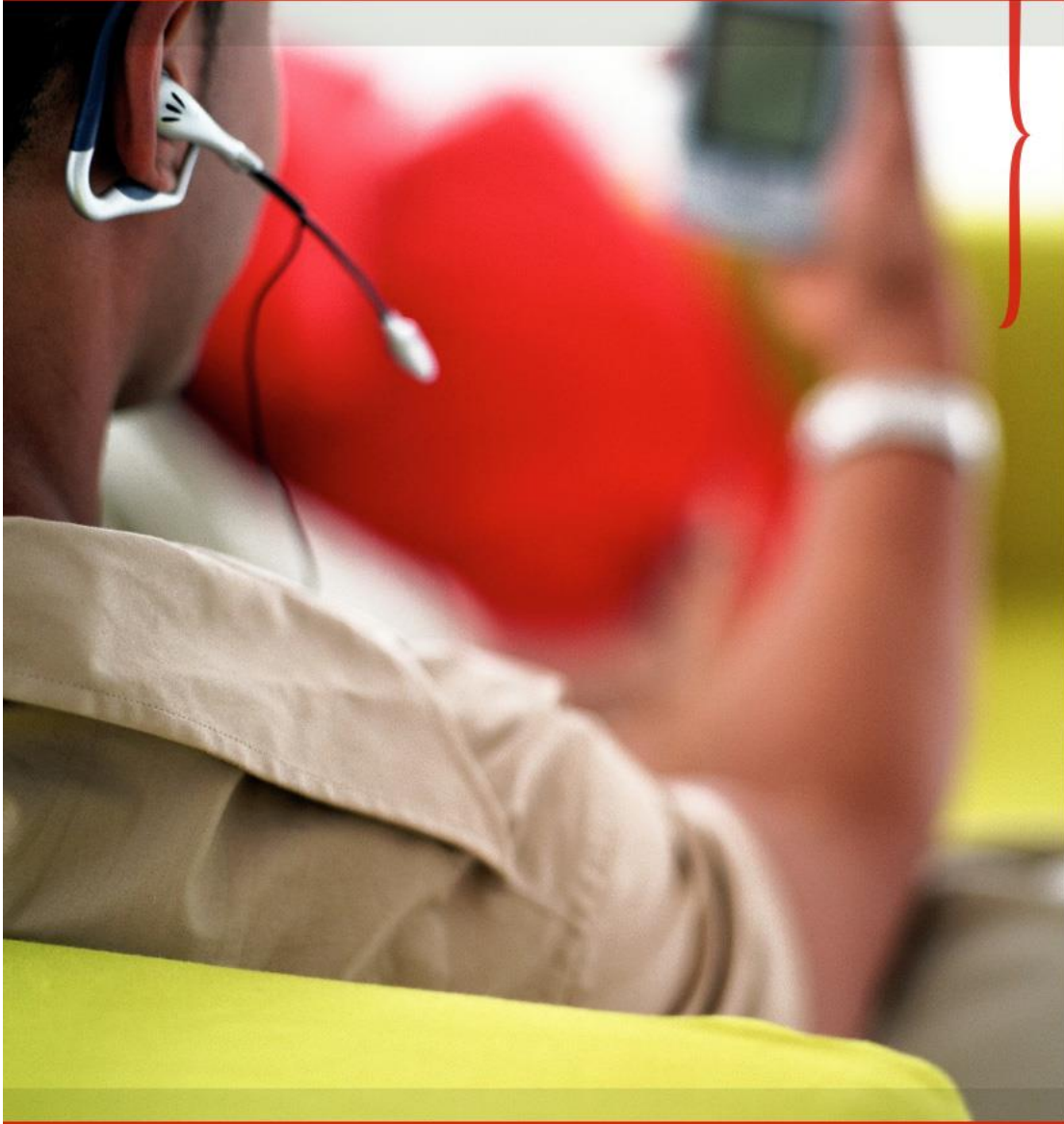
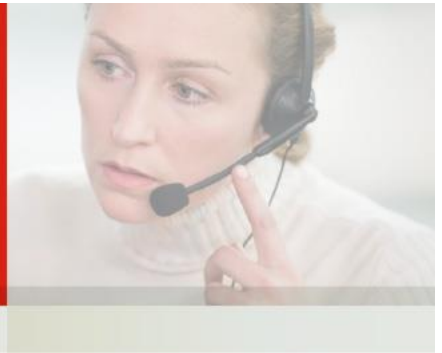


*HelpNet Employee Assistance Program*

## TELEPHONIC & VIDEO COUNSELING



### FEATURES INCLUDE:

- Easy access to an experienced licensed counselor via toll-free number
- Short-term, structured counseling sessions
- Services are completely confidential provided through a HIPPA compliant platform
- Access from the privacy of your home or office—when and where you need it
- Available to you or your household members
- Easy to access video counseling via a computer, tablet, or phone with webcam capabilities and a good internet connection

Help from a counselor is just a phone call away with telephonic & video counseling provided as part of your Employee Assistance Program. These telephonic & video counseling sessions can be scheduled at a time that is convenient for you. Be it busy schedules, mobility issues, social anxiety, need for privacy, or just an appreciation of utilizing technology, e-counseling is an effective therapy solution for mental health treatment. Call from the privacy of your home or office and one of our helpful counselors will help you address issues that are making it difficult to manage at work or at home.

TOLL-FREE: (800) 969-6162  
WEBSITE: [www.helpneteap.com](http://www.helpneteap.com)

**HelpNet**